



Cara Milne is the award winning owner of M-Powered Planning Ltd, a Calgary business that promotes positive and valuable roles for people with disabilities. Cara has had an enormous impact in her line of work and continues to enrich the lives of those she teaches and meets.

Resource of the Month: May 2018

Building Community: Practical ways to build inclusive communities for people who are vulnerable

In this book, Cara Milne shares stories and ideas that remind us of the importance of belonging and community. She offers specific and practical direction on how anyone can begin to build community!

Contact the SAIPA office to borrow your own copy of

Building Community

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