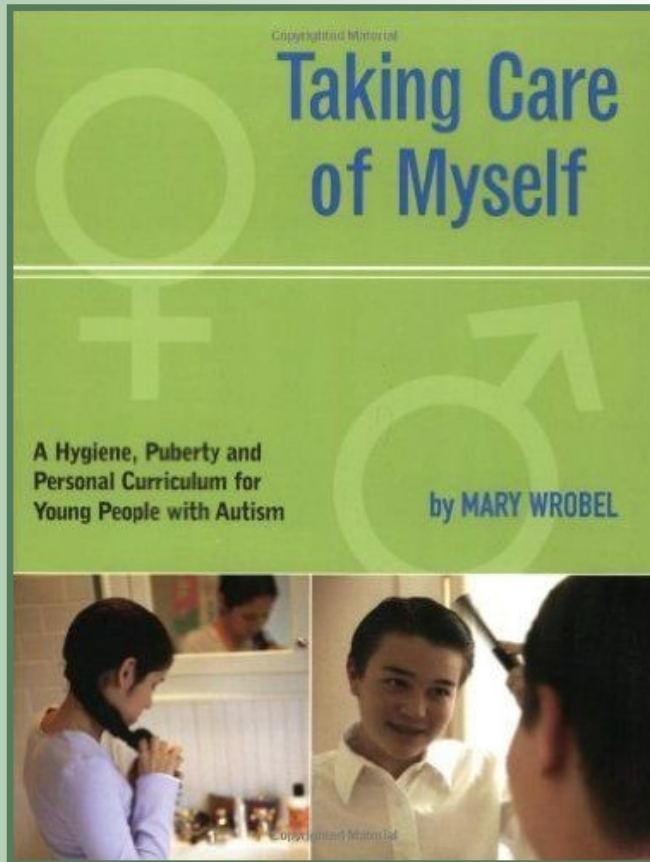


Resource of the Month: March 2017

Taking Care of Myself



This book is a helpful resource for anyone wanting to learn more about their bodies and taking good care of themselves. Though the book focuses on young people it can be useful for all age and ability levels.

Sections included in this book are:

- Hygiene & Health
- Modesty
- Growth and Development
- Touching and Personal Safety
- Menstruation & Masturbation
- Using A Urinal

To borrow this new book, call
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