

It's My History Too!

My History, Our Future – is a video-based training program created for youth and adults with developmental disabilities to learn how to be self-advocates and for their allies to learn how to best support Self-Advocacy. Self-Advocacy is an important life skill necessary for citizenship and leading a meaningful life. Allies are support workers, relatives; friends or other members of an individual's "circle of support" who help facilitate Self-Advocacy. To access the Facilitator's Guide, Self-Advocacy Workbook, Supporting Self-Advocacy Workbook, and all 28 videos click on the corresponding icons below.

